Fishing Techniques & Tactics (1)

Introduction to Fishing Streamers

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In Session 4 you learned that

- 1. A streamer imitates baitfish, crawfish, and other prey
- 2. We recommend the Olive Wooly Bugger to start with







So how do you fish streamers?

Basic streamer fishing setup

- Any 5-6-7-8 weight fly rod with floating line
- Shorter leader and heavier tippet e.g. 6 feet 3X
- Start simple: Olive Wooly Bugger, Clouser Minnow
- Choose streamer size/weight based on what your outfit can comfortably cast
 - 5 weight = smaller streamers
 - 8 weight = larger, weighted streamers

Streamer fishing method 1 – Stripping

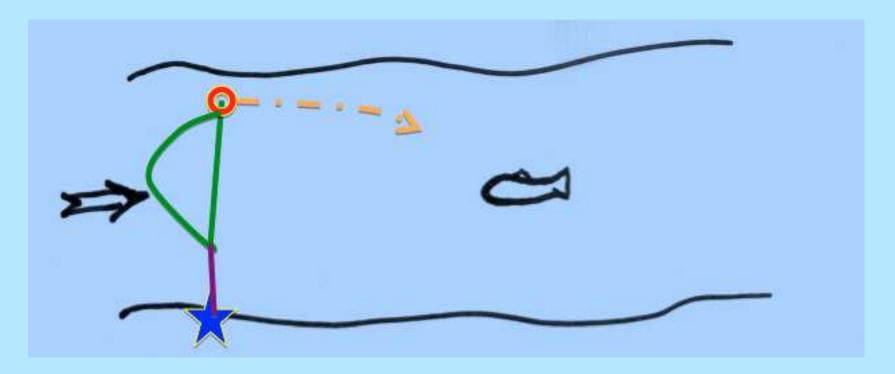
- Cast, let sink, and retrieve in bursts
- Vary speed, length, interval of strips
- Good for lakes and still waters in rivers
- Similar to fishing spinners and plugs...





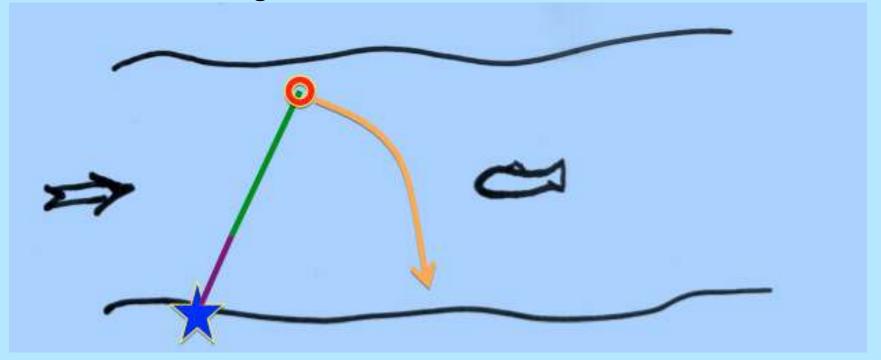
Streamer fishing method 2 – Dead Drifting

- Cast upstream and let the fly settle and drift downstream
 similar to nymphing
- Streamer imitates a stunned or injured fish or crayfish
- Very effective in pools below waterfalls, where injured or stunned bait fish can be found



Streamer fishing method 3 – Swinging

- Cast across and let the fly 'swing' down and across the stream on a semi-tight line
- Mend upstream to prevent the line leading the fly
- Cast further upstream to sink the fly deeper
- Fish "the dangle"



Streamer method 3B – Swimming

- Like swinging but with more active line control
- Targeting specific depths, structures, and fly movements
- Put the fly where the fish can see it, and trigger a response.



Where and when to use streamers?



Stocked browns in the spring

River smallmouth in the summer

Where and when to use streamers?

Finger Lakes tributaries in the Fall



What you should remember

- Streamers catch bigger fish, on average, than nymphs and dry flies (perhaps not as many)
- No special equipment, just shorter, heavier leader
- A few Wooly Buggers are all you need to get started
- You can fish streamers almost everywhere in southern NY

Chemung River
Cayuta Creek
Fall Creek
Salmon Creek
Owego Creek
Cohocton River
Susquehanna R
Tioga River
Etc.



Keuka Lake
Cayuga Lake
Seneca Lake
Tioga-Hammond
Conesus Lake
Hemlock Lake
Waneta-Lamoka L
Little Lake
Etc.

End Streamer talk